



# Pediatric Update: Advancing Evidence-Based Guidelines for School & Pediatric Nurses

## July 25 – 27, 2016

(Preconference sessions – July 25)

**Keynote speaker – Dr. Temple Grandin – July 26th**

*The Autistic Brain: Thinking Across the Spectrum*

Sessions on autism & learning disorders targeting special education, teachers, counselors and caregivers. Lots of relevant topics for the pediatric and school nurses too!



at the breathtaking Chateau on the Lake Resort and Spa • Branson, MO



# NURSING CONTACT HOURS

North Arkansas Partnership for Health Education (NAPHE) is an Approved Provider of continuing nursing education by South Central Accreditation Program, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## CONTACT HOURS

5.0 Precon Option A: Journey through the Pediatric GI Tract

5.0 Precon Option B: Intuitive Painting as a Therapeutic Tool

11.5 Pediatric Conference (July 26-27)

## SUCCESSFUL COMPLETION REQUIREMENTS

- Be present no later than 5 minutes after the start of the educational activity and attend 80% of each day's program. Each day can be attended separately.
- Complete the online evaluation form. Be sure your email is legible and included on the registration information
- The online evaluation survey will only be available for 4 weeks after the program. If you have not completed an evaluation form by that date, you will need to contact the NAPHE office.
- Your electronic CE certificate can be printed immediately after you complete the online evaluation.

## DISCLOSURES

- No one on the planning committee or presenters have identified a conflict of interest that would affect this educational activity.
- There is no commercial support for this educational activity. The educational event will be kept separate from promotional activities.
- Please contact Deanne Blach for more information about nursing contact hours.

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Regional Medical Center**  
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## PURPOSE

- ❖ The purpose of this conference is to enable the learner to effectively manage the diverse health care issues of children and teens using evidence-based guidelines.

## TARGET AUDIENCE

- ❖ Pediatric and school nurses, counselors, school-based health alliance teams, and other health care professionals caring for the pediatric client in schools, clinics, acute care, emergency departments, pediatric-focused hospitals, outpatient settings, developmental centers, home care and public health. Nursing students are always welcome!
- ❖ On July 26th, in addition to the target audience listed above, there are sessions on autism and learning disorders relevant in special education, designed for teachers, counselors, anyone working in the school setting and caregivers of clients with special learning needs.

## CONFERENCE LEARNING OUTCOMES

*At the end of this program, learners will be able to:*

- ❖ Incorporate assessment and evaluation methods to identify GI issues in children.
- ❖ Provide new and improved education for parents who have a child with learning disabilities.
- ❖ Implement safe nursing practice for the child with neurological deficits.
- ❖ Deliver evidence-based care for the diverse and complex chronic and life-threatening emergency health issues of children.
- ❖ Provide ongoing training for others assigned to assist the nurse with health care for children in the school setting.
- ❖ Advocate for all children and their families.
- ❖ Incorporate evidence-based-practice to improve the quality of life of school-aged clients with diabetes.
- ❖ Identify how student characteristics impact learning as they develop educational and personal goals in the new educational landscape.

## POSTER ABSTRACTS - PEDIATRIC UPDATE

**Submit by June 15, 2016**

Consider submitting a poster related to pediatric and/or school nursing or an evidence-based study with implications for nursing practice. Abstracts will be peer reviewed with notification of acceptance within two weeks after submission. For complete poster presentation guidelines, you may download and submit your information at [www.northark.edu/napheconferences](http://www.northark.edu/napheconferences) or <http://www.deanneblach.com/posters>. For questions, please email or call Deanne.



Don't miss this opportunity to hear internationally acclaimed speaker, author and inventor, Dr. Temple Grandin! Additional breakout sessions will be offered by a variety of speakers on autism and special learning needs of students on Tuesday, July 26th.

## THE AUTISTIC BRAIN: THINKING ACROSS THE SPECTRUM

Diagnosed with autism at age 4, she was labeled with brain damage and placed early in a structured nursery school. Today, Temple Grandin, PhD, is Professor of Animal Science at Colorado State University, an internationally recognized designer and consultant for livestock handling facilities, a best-selling author and autism activist. She is the inventor of the "hug box," a device to calm those on the autism spectrum. Temple has been recognized in the top one hundred most influential people in the world. She was the subject of the award-winning, biographical film, "Temple Grandin," which shows her life as a teenager and how she started her career.





# SPEAKERS



## **Barb Bancroft, RN, MSN, PNP**

A pediatric nurse practitioner and widely acclaimed international speaker, Barb is noted for her humorous, entertaining and information packed seminars. Many people can conduct health seminars, or write books on health, but very few can make them both thoroughly informative and entertaining. Barb Bancroft makes complex health topics easily understandable and hilarious. She has over 30 years of teaching experience and “feeling

the pulse” of students, nurses, practitioners, educators and lay audiences throughout the U.S. and Canada. Barb has held graduate faculty positions at the University of Virginia and the University of Arkansas. She has provided courses in Advanced Pathophysiology, Pharmacology and Physical Assessment to undergraduate and graduate students. Barb is the Executive Director and President of CPP Associates, Inc., a continuing education firm for corporations and healthcare professionals based in Chicago.

## **Heather Cantrell, APRN, MSNc, CPNP-AC, CEADM, CDE**

As an advanced practice nurse, Heather cares for patients at Arkansas Children's Hospital in the Endocrine and Diabetes department, primarily seeing inpatients with Diabetes, and is certified in Acute Care Pediatrics, Diabetes Education and Advanced Diabetes Management. Caring for children with chronic illnesses is Heather's passion and she enjoys caring for pediatric patients with diabetes.



## **Mark Taylor, MSW, EdD**

Mark is recognized internationally as an educator, expert and consultant who focuses on helping people understand and work more effectively with the generational groups, especially young people from “Generation NeXt.” As an authority on the traits, developmental issues and learning outcomes of today's young people, Mark is dedicated to helping professionals better understand and serve students through learning, development and persistence for successful integration into society. His publications include book chapters, invited pieces and articles including his recent articles on “Teaching Generation NeXt”. Business clients have included 20th Century Fox Motion Pictures, Wal-Mart, FEMA and the U.S. Army.



## **Rebecca King, BSE, MEd**

Rebecca discovered intuitive painting while waiting for a surgical procedure. Immediately recognizing its potential to help students in her middle school guidance program, she developed a protocol for students struggling with developmental/family stressors to privately paint and work through stress and emotional issues. Rebecca has been recognized by the Boone County Health Coalition for her middle school guidance work in the areas of compassion, tolerance and respect. She is a licensed Arkansas teacher working with secondary special needs students receiving math and English support.

# SPEAKERS

## **Kay Nottingham Chaplin, EdD**

Kay helped to create the Vision Initiative for Children, at West Virginia University (WVU) Eye Institute. She is a member of the Expert Advisory Committee and Education Subcommittee to the National Center for Children's Vision and Eye Health, an initiative housed at Prevent Blindness America, tasked to implement recommendations for a universal preschool vision screening strategy, to develop a vision screening training and certification program and to contribute to stakeholder education.



## **Stacy Moore, PhD**

Stacy is the Behavior Support Specialist for the Ozarks Unlimited Resources Educational Service Cooperative and is dedicated to children/youth and families through research, psychoeducational assessment, counseling, behavior interventions and teaching. Stacy works with teachers and schools to support students

with autism spectrum disorder (ASD) in their educational environments through evidence-based practices.



## **Jon Oden, MD**

Dr. Oden is Chief in Pediatric Endocrinology, Diabetes and Obesity at Arkansas Children's Hospital and the Harlem Endowed Chair Associate Professor at UAMS. He developed an interest in insulin resistance and obesity and ultimately founded a large medical management program for obese children called COACH. This program grew rapidly and is now part of an national consortium named POWER. In his current position, Dr. Oden is now bringing this program to Arkansas.



## **David Seastrom, RN, BSN**

David is the Injury Prevention, Outreach & Education Coordinator for Trauma & Burn Services at Children's Mercy in Kansas City. David has a background as an EMT-I and RN with experience in pre-hospital, emergency, flight medicine and trauma program management in both adult and pediatric trauma centers. David's special interest is in trauma center development, resuscitation and pediatric trauma.

## **Melissa Toye, LPN**

A Certified Wellness Coach, Melissa is a School Nurse at Renner Elementary with a clinical background in pediatrics. She has a degree in Complimentary Alternative Medicine and is certified in aromatherapy, herbal retail management, holistic nutrition consulting, holistic health and natural products manufacturing. In addition to school nursing, Melissa teaches community wellness classes, manages a blog and is a writer.



## **Chad Williams, PT, DPT, ATC, CSCS**

Since junior high school, Chad knew that he wanted to pursue a career in the medical field. As an athlete and avid outdoorsman, he was attracted to athletic training as a career. As he developed his skills in athletic training, he was drawn to how the physical therapist helps individuals achieve their goals in functional ability. With a doctorate in PT and BS in Athletic Training, Chad is nationally certified as an Athletic Trainer and as a Strength and Conditioning Specialist.

# MONDAY, JULY 25

## Agenda

- 7:15 Registration
- 8:25 **Welcome, Introduction & Disclosure**
- 8:30 **Session Presentations A & B**
- 10:00 Refreshment Break
- 10:15 **Presentations - Sessions A & B**
- 11:45 Lunch (on your own)
- 12:45 **Presentations - Sessions A & B**
- 1:45 Refreshment Break
- 2:00 **Presentations - Sessions A & B**
- 2:45 **Evaluation & Wrap Up**
- 3:00 Program Complete

## Preconference Session B:

### INTUITIVE PAINTING AS A THERAPEUTIC TOOL: MAKING THE UNCONSCIOUS CONSCIOUS

Rebecca King, BSE, MEd

## Preconference Session A:

### JOURNEY THROUGH THE PEDIATRIC GI TRACT

Barb Bancroft, RN, MSN, PNP

Join Barb for a day of Pediatric Gastroenterology...from the oral cavity to the anal sphincter, with a stop in the liver, spleen and pancreas. Various clinical entities will be discussed including the oral cavity changes that occur in girls with bulimia and anorexia nervosa, strep throat, GERD, eosinophilic esophagitis, celiac disease, inflammatory bowel disease, IBS, food-borne illness, appendicitis, hepatitis, mononucleosis and acute pancreatitis.

Barb will discuss specific physical assessment techniques and findings for the school nurse—for the above listed diseases as well as for signs and symptoms associated with the GI problems—asthma and GERD, rashes and arthritis associated with inflammatory bowel disease, foods associated with eosinophilic esophagitis and celiac disease and more. Barb will also discuss specific drugs that the school nurse should be familiar with as related to Pediatric GI disorders.

Explore Intuitive Painting as a technique to use with your students. It's a dynamic and colorful process for exploring self through painting. This full day 'hands on' session will be an intuitive inquiry into discovering and exploring with paint, paper and brush unconscious personal barriers, emotions and wounds that often cannot be expressed in words. It provides a fresh way of working therapeutically with clients focused on improving quality of life, health and healing. No artistic ability is needed – only an open mind and a willingness to self-explore and trust the process. Dress comfortably in your "painting clothes." All supplies will be provided.

ALL DAY PRECONFERENCE CONCURRENT SESSIONS

# TUESDAY, JULY 26

7:15 Registration and refreshments. Posters & exhibits open

8:00 Welcome, disclosures & opening remarks – *Deanne A. Blach, MSN, RN*

8:15 **The Autistic Brain: Thinking Across the Spectrum** – *Temple Grandin, PhD*

9:45 Refreshments in exhibit hall. Posters & exhibits open

## 10:30 Concurrent Sessions

**T-1 ❖ Providing Evidence-Based Care for Students with Autistic Spectrum Disorder**

– *Stacy Moore, PhD*

**T-2 ❖ New Guidelines: Vision and Eye Health Recommendations** – *Kay Nottingham Chaplin, EdD*

**T-3 ❖ Pediatric Trauma: Stupid Kid Tricks** – *David Seastrom, RN, BSN* \*Hospital/Pediatric Focus

11:30 Networking lunch provided. Posters & exhibits open

## 12:30 Concurrent Sessions

**T-4 ❖ Neurology in Kids—from Conception to Graduation (Part 1)** – *Barb Bancroft, RN, MSN, PNP*

**T-5 ❖ Helping Students with Autism Spectrum Disorder Understand and Express Emotions**

– *Stacy Moore, PhD*

**T-6 ❖ Pediatric Burns: “The Hot Stuff”** – *David Seastrom, RN, BSN* \*Hospital/Pediatric Focus

1:30 Refreshments in exhibit hall. Posters & exhibits open

## 2:00 Concurrent Sessions

**T-7 ❖ Classroom Tips and Tools: Supporting Students with Autism** – *Stacy Moore, PhD*

**T-8 ❖ Neurology in Kids—from Conception to Graduation (Part 2)** – *Barb Bancroft, RN, MSN, PNP*

**T-9 ❖ Rural Trauma: You’re Still in Kansas Toto!** – *David Seastrom, RN, BSN* \*Hospital/Pediatric Focus

3:00 Back to Main Ballroom

3:05 **To Your Health!** – *Barb Bancroft, RN, MSN, PNP*

4:05 Program complete

## CONFERENCE AGENDA

# WEDNESDAY, JULY 27

7:30 Registration with continental breakfast. Posters & exhibits open

8:15 **Meet Generation NeXt; Understanding and Teaching Today's Students** – *Mark Taylor, MSW, EdD*

9:45 Refreshments in exhibit hall. Posters & exhibits open

10:15 **Concurrent Sessions**

**W-1 ♦ Alliance for a Healthier Generation** - *Melissa Toye, LPN*

**W-2 ♦ Diabetes: Recognition, Diagnosis and Management**

- *Heather Cantrell, APRN, MNsc, CPNP-AC, BCADM, CDE*

**W-3 ♦ Concussions: A Wolf in Sheep's Clothing** - *David Seastrom, RN, BSN*

**W-4 ♦ Preventing and Treating Injuries in High School Athletes** - *Chad Williams, PT, DPT, ATC, CSCS*

11:15 Networking lunch provided. Posters & exhibits close after lunch

12:15 **Concurrent Sessions**

**W-5 ♦ The School Nurse's Role in Diabetes Care** - *Heather Cantrell, APRN, MNsc, CPNP-AC, BCADM, CDE*

**W-6 ♦ Techniques in Teaching Today's Learners** - *Mark Taylor, MSW, EdD*

**W-7 ♦ Pediatric Medical Emergencies** - *David Seastrom, RN, BSN* \*Hospital/Pediatric Focus

1:15 Refreshment break

2:00 **Concurrent Sessions**

**W-8 ♦ Breaking out of the School Nurse Bubble** - *Melissa Toye, LPN*

**W-9 ♦ The Skinny on Obesity** - *Jon Oden, MD*

**W-10 ♦ Extreme Cases in Pediatric Trauma** - *David Seastrom, RN, BSN* \*Hospital/Pediatric Focus

3:00 Return to Main Ballroom for Closing Session

3:05 **Looking Ahead: Innovative Teaching - Keeping the Touch in a Tech World** - *Mark Taylor, MSW, EdD*

4:20 Wrap up and evaluations

4:30 Program complete

## CONFERENCE AGENDA



# CONFERENCE REGISTRATION

Amount Due

## Single Day Attendance (July 26<sup>th</sup> Temple Grandin and Autism workshops)

- **Professional:** (Teachers, Counselor, Nurse, Social Worker) \$150
- **Groups:** \$125 per person (3 or more registrations paid & submitted together)
- **Large Group:** \$100 per person (6 or more registrations paid & submitted together)
- **Parent/Grandparent/Care Giver/Teacher's Aid:** \$60 per person

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\$ \_\_\_\_\_

*This one day fee provides a light breakfast and lunch, entrance into the exhibit hall and a full day of workshops including the keynote opening with Dr. Temple Grandin.*

## Full Day Preconference Sessions (July 25)

- **Individual:** \$150
- **Groups:** \$125 per person (3 or more registrations paid & submitted together)

\$ \_\_\_\_\_  
\$ \_\_\_\_\_

## Early Bird – Prior to May 1

- **Main Conference** (July 26 - 27) Submitted by May 1
- **Individual:** \$250
- **Groups:** \$225 per person (3 or more registrations paid & submitted together)
- **Large Group:** \$200 per person (6 or more registrations paid & submitted together)

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## Main Conference (July 26 - 27)

- **Individual:** \$275
- **Groups:** \$250 per person (3 or more registrations paid & submitted together)
- **Large Group:** \$225 per person (6 or more registrations paid & submitted together)

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
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*Indicate which concurrent sessions you would like to attend by checking the corresponding box:*

### Tuesday, July 26

10:30 – ☐ T-1 ☐ T-2 ☐ T-3  
12:30 – ☐ T-4 ☐ T-5 ☐ T-6  
2:30 – ☐ T-7 ☐ T-8 ☐ T-9

### Wednesday, July 27

10:15 – ☐ W-1 ☐ W-2 ☐ W-3 ☐ W-4  
12:15 – ☐ W-5 ☐ W-6 ☐ W-7  
2:00 – ☐ W-8 ☐ W-9 ☐ W-10

**Total Amount Enclosed** \$ \_\_\_\_\_

**Please complete BOTH sides of this form**

# REGISTRATION

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

\*Home Address: \_\_\_\_\_ City: \_\_\_\_\_

County: \_\_\_\_\_ State/ZIP: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

\*Email (to send confirmation): \_\_\_\_\_

Employer Name/Address: \_\_\_\_\_

City: \_\_\_\_\_ State/ZIP: \_\_\_\_\_

*\*Be sure your mailing and email addresses are correct and legible to ensure you receive the confirmation letter, receipt of funds, password for online access to print handouts prior to arriving at the conference, access online evaluation forms and print your certificate for nursing contact hours.*

**Credit Card:**      ☐ Visa      ☐ MasterCard      ☐ Discover      ☐ American Express

Name (as it appears on card): \_\_\_\_\_

Billing Address: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 Digit Security Code (found on back of card): \_\_\_\_\_ Zip Code (of card holder): \_\_\_\_\_

Signature: \_\_\_\_\_

**Please complete BOTH sides of this form**

☐ Please check here if you do not wish for your name and email address to be shared with other conference attendees and exhibitors.

**PLEASE REGISTER BY JULY 15<sup>TH</sup>, 2016**

**After July 15<sup>th</sup> - Call for Availability**

## CONTACT INFORMATION:

**Deanne A. Blach, MSN, RN**  
NAPHE Conference Chair  
& Primary Nurse Planner  
Phone: 870.715.7508  
Deanne@deanneblach.com

## PLEASE MAIL REGISTRATION FORM AND FEES TO:

**NAPHE**  
1515 Pioneer Drive  
Harrison, AR 72601

## REGISTER EARLY!

Take advantage of our special early bird discount rate!

### Deadline – May 1

## GROUP DISCOUNTS

3 or more attendee registrations submitted together with payment. Consider sending 6 or more for a large group discount.

## REGISTRATION DEADLINE – JULY 15<sup>TH</sup>

Call for availability after this deadline. Since conference registration and hotel rooms are limited, please register early. We anticipate our room block to completely sell out. Confirmation is sent if your registration form and payment are received two weeks before the conference begins.

## CANCELLATION POLICY

No refunds will be issued. A substitution may be made.

## PHOTOGRAPHY

We reserve the right to photograph attendees for use in promotional materials.

## DIETARY ISSUES

Please contact us if you have special dietary restrictions (e.g., vegetarian, kosher, or gluten-free) or special needs, prior to the event as well as onsite at the conference registration desk.

## MAKE CHECK OR MONEY ORDER PAYABLE TO NAPHE

(North Arkansas Partnership for Health Education)

## TO PAY BY PHONE:

Phone: 870.391.3367 • Toll Free: 888.625.9930

Fax: 870.391.3507

**Register online @ <http://www.northark.edu/napheconferences>**

# Chateau on the Lake

415 North State Hwy. 265 • Branson, Missouri 65616



### To make a reservation call:

Toll free (888) 333-LAKE • Voice (417) 334-1161

or visit the Chateau on-line at [www.chateauonthelakebranson.com](http://www.chateauonthelakebranson.com)

Direct Booking: <http://booking.ihotelier.com/istay/istay.jsp?groupID=1235110&hotelID=11529>

Group code 0416NAPHE. A one night deposit charge at time of booking.  
Single or double standard room: \$145/night plus tax (internet included).

Limited block of rooms being held, please reserve early. Once the room block is full the discounted conference rate will no longer apply. We encourage attendees to complete both the conference and hotel reservation at the same time.

Participants are responsible for their own hotel reservations and should make payments for lodging and other hotel services directly to Chateau on the Lake.



**NAPHE**

*1515 Pioneer Drive*

*Harrison, Arkansas 72601*